

**10<sup>th</sup> INCPT AIIMS 2024 SCIENTIFIC PROGRAMME**  
**JL AUDITORIUM 14<sup>TH</sup> DECEMBER 2024 ( SATURDAY)**

TIME	Topic	Resource Person	Venue
<b>MUSCULOSKELETAL INSIGHTS: BRIDGING KNOWLEDGE AND PRACTICE</b>			
10:00AM-10:15AM	Novel Biomechanical Insights into Shoulder Impingement syndrome	Dr Meena Makhija Associate Professor ISIC-IRS	JL Auditorium
10:15AM-10:30AM	Understanding and Managing Geriatric Syndromes: A Comprehensive approach for elderly care	Richa Goswami Physiotherapist, NCA, AIIMS	JL Auditorium
10:30AM-10:45AM	Physical rehabilitation at ICRC	Charu Sharma Physical Rehabilitation Project Manager ICRC, India	JL Auditorium
10:45AM-11:00AM	Upper cervical dysfunction correction for vertigo, headaches, essential hypertension and autonomic dysfunctions	Dr Manish Arora Dean and professor SBSS University, Dehradun	JL Auditorium
11:00AM-11:15AM	Shoulder Physiotherapy hacks	Dr Subhash Khatri Principal, Maharashtra Institute of Physiotherapy, Latur, Maharashtra	JL Auditorium
11:15AM-11:30AM	Breaking Boundaries: Physiotherapist Strategies for Hemophilia -Related Mobility	Dr Reena Srivastava Physiotherapist AIIMS Patna	JL Auditorium
<b>11:30AM-12:00PM KEYNOTE SPEECH by Dr ASHA CHITNIS , Certified NDTA Therapist, Certified NDTA Instructor Mumbai ,Maharashtra)</b>			
<b>CREATING A PATH TO INDEPENDENCE: MAXIMIZING FUNCTION IN PEDIATRIC REHABILITATION</b>			
11:30PM-12:00PM	KEYNOTE SPEECH CREATING A PATH TO INDEPENDENCE: MAXIMIZING FUNCTION IN PEDIATRIC REHABILITATION	Dr ASHA CHITNIS Certified NDTA Therapist Certified NDTA Instructor Mumbai ,Maharashtra	JL Auditorium
12:00PM-12:15PM	Concept of Beck's Triad	Dr Mehul Contractor Academic Director V.N Patel Medical Campus Surat	JL Auditorium
12:15PM-12:30PM	Beyond the obvious less common causes of low back pain	Dr Smita Gulati Former Asst. Prof. Anaesthesia and Pain Medicine, Rajiv Gandhi Superspeciality Hospital, Delhi Director, Trinity Pain Clinic	JL Auditorium
12:30PM- 12:45 PM	Myofascial Trigger Points: Evidence Based Physiotherapy Interventions for Pain Relief and Functional Restoration	Anand Singh HOD Associate Professor SOHAS G D Goenka University	JL Auditorium
<b>12:45PM INAUGURATION</b>			
<b>1:30PM-2:00PM LUNCH BREAK</b>			
<b>BEYOND KEGELS:INNOVATIONS IN PELVIC FLOOR HEALTH</b>			
2:00PM- 2:15PM	Role of Physiotherapy in PCOS &Osteoporosis	Poonam Mishra Senior Physiotherapist Deptt of Orthopaedics AIIMS,New Delhi	JL Auditorium
2:15 PM - 2:30PM	Pelvic Floor Muscle Stimulation in Complex Perineal Injuries Following Trauma: An Evidence Based Practice	Dr Altaf Hussain Mir Physiotherapist JPNATC AIIMS New Delhi	JL Auditorium
2:30PM - 2:45PM	Ultrasound Guided PFMT	Sonia Kaundal Physiotherapist Department of Obstetrics and Gynaecology, AIIMS New DELHI	JL Auditorium
<b>THE RESTFUL MIND :THE SCIENCE OF QUALITY SLEEP</b>			
2:45PM- 3:00PM	Sleep health: a comprehensive assessment of a health domain	Dr zubia Vaqar Hony. Director, Centre for Physiotherapy and rehabilitation Sciences, Jamia Milia Islamia, New Delhi	JL Auditorium
3:00PM- 3:15PM	Advancements in Therapeutic Strategies for Obstructive Sleep Apnea and Restless Leg Syndrome :Enhancing Sleep Quality and Patient Outcomes	Dr Himanshu sharma Associate Professor Department of Neurophysiotherapy Mahalaxmi College of Physiotherapy and Rehabilitation Centre Satara , Maharashtra	JL Auditorium
3:15pm-3:30pm	<b>3:15pm-3:30pm KEY NOTE SPEECH MODERN INTERVENTION TOOLS IN REHABILITATION DR PRAKASH SHARMA (MOT PhD) Principal &amp;professor Mahatma Gandhi occupational College Mahatma Gandhi University of Medical Science &amp;Technology Jaipur, Rajasthan</b>		
<b>EXPLORING THE UNEXPLORED :DIVERSE PERSPECTIVES</b>			
3:30PM- 3:45PM	From India to Germany: Unlocking Career Opportunities for Physiotherapists with Meduniverse.app	Ram Prakash Founder, Meduniverse International Pvt Limited	JL Auditorium
3:45PM- 4:00PM	Unfolding Telerehabilitation :New Future for Physiotherapy	Dr Ranbir Singh Sekhon General Secretary All Saints Physiotherapy College Ludhiana	JL Auditorium
4:00PM- 4:15PM	Amputation -A New Management Approach	Nida Mir Research Scientist- II Division of Trauma Surgery and Critical Care JPNATC AIIMS New Delhi	JL Auditorium
4:15PM- 4:30PM	Extracorporeal Shock Wave Therapy in Neurological Conditions: A Promising Therapeutic Option	Dr Reena Kumari HOD SBS Balawala Dehradun	JL Auditorium
4:30PM- 4:45PM	Improving Rehabilitation and Patient – Centered Outcome Using Administrative Data and Electronic Health Records	Dr. Amit Kumar PhD, MPH Associate Professor University of Utah Salt Lake City	JL Auditorium
4:45PM- 5:00PM	Applications of Digital Signal Processing in Clinical Surface Electromyography	Prof Sanjeev Gupta Chairperson and Professor-Physiotherapy Director-Sports , Dy Dean Academic Affairs	JL Auditorium
5:00PM- 5:15PM	Ancient to Recent Journey of Physiotherapy in India	Dr Anand Mishra PhD,MPT,MBA Registrar Sri Aurobindo University Indore	JL Auditorium
<b>5:15PM-5:30PM J.B JOSHI ORATION AWARD-</b>			
<b>Advancing Horizons: Exploring Emerging Trends and innovations in Manual Therapy Dr.Umasankar Mohanty, BPT, MPT(Manual Therapy), Ph.D., MIASP, MISEP, FAGE Founder President, Manual Therapy Foundation of India Managing Director, Vedanta Educational and Charitable Trust</b>			

6:00PM- 6:00PM	<b>POSTER PRESENTATION, ORATION AND PRACTICE DEMONSTRATION, AND PROFESSIONAL STANDARDS</b>		
Name	Affiliation		JL Auditorium
Moderators	<p><b>Dr V.P. Gupta</b></p> <p><b>Dr Sanjeev Gupta</b></p> <p><b>Arushi Kaul</b></p>	<p>Ex-Chief Physiotherapist &amp; Head, Physiotherapy Unit, Deptt of CTVS- C T Centre, AIIMS, New Delhi; Additional charge- Center for Integrative Medicine and Research, AIIMS, New Delhi</p> <p>Chairperson and Professor-Physiotherapy; Director-Sports, Dy Dean Academic Affairs</p> <p>Superintendent Physiotherapist; Department of Anaesthesiology, Pain Medicine and Critical Care</p>	
Panellists	<p><b>Prof Dr E. Shanmugananth</b></p> <p><b>Amit Kumar</b></p> <p><b>Dr Anand Mishra</b></p> <p><b>Dr Anne Thackeray</b></p> <p><b>Dr Stephan Richelli</b></p> <p><b>Dr Kristina Kindblom</b></p> <p><b>A.S Moorthy</b></p> <p><b>Ajit Kumar</b></p> <p><b>Manish Maurya</b></p>	<p>Principal in School of Physiotherapy, Sri Balaji Vidyapeeth University, Pondicherry</p> <p>PhD, MPH Associate Professor, University of Utah, Salt Lake City</p> <p>PhD, MPT, MBA; Registrar, Sri Aurobindo University, Indore</p> <p>Assistant Professor, Physical Therapy &amp; Athletic Training, The University of Utah</p> <p>University Master in Osteopathy, Post Graduate in Joint Manipulative Physiotherapy</p> <p>Ex Sr. Lecturer, Karolinska Institute, Solna Stockholm</p> <p>Physiotherapist, Dept of Burns &amp; Plastic</p> <p>Physiotherapist, Dept of Orthopaedics, AIIMS, New Delhi</p> <p>Junior Physiotherapist, Trauma Centre JPNATC AIIMS</p>	
<b>6:00PM TEA BREAK FOLLOWED BYPHYSIO FIESTA (CULTURAL NIGHT)- JL AUDITORIUM</b>			

**10<sup>th</sup> INCPT AIIMS 2024 SCIENTIFIC PROGRAMME**  
**CONFERENCE HALL 14<sup>TH</sup> DECEMBER 2024 ( SATURDAY)**

TIME	Topic	Name of the Resource person	Venue
<b>OPTIMISING MUSCULOSKELETAL FUNCTION: A PATH TO MOBILITY AND WELLNESS</b>			
10AM:10:15AM	The simplified Cyriax way on Tennis Elbow	Dr R Arunmozhi Professor Sardar Bhagwan Singh University Dehradun Uttarakhand	Conference Hall
10:15AM- 10:30AM	Advanced Workplace Ergonomics in Musculoskeletal conditions	Dr Gaurav Srivastav Associate Professor University of Engineering and Management Jaipur	Conference Hall
10:30AM- 10:45AM	Musculoskeletal Injuries among Medical Practioners Who Perform Endoscopy	Dr Rohit Rathore Assistant Professor Noida International University	Conference Hall
10:45AM- 11:00AM	The Advent of Onco-Physiotherapy	Dr Dipti Kadu Scientific assistant Physiotherapy Department Mahamana Pandit Madan Mohan Malviya cancer Centre Sundar Bagiya, BHU, Varanasi, Uttar Pradesh	Conference Hall
<b>GERIATRIC WINDOW :NAVIGATING HEALTH IN LATER LIFE</b>			
11AM-11:15AM	Cognition and Learning New Motor Skill Learning in Geriatrics	Dr Stuti Khanna Associate professor ISIC IRS, New Delhi	Conference Hall
11:15AM- 11:30AM	Sarcopenic Obesity and Aerobic Exercise	Dr Archana Khanna Associate Professor Department of Physiotherapy Sharda school of Allied Health Sciences Sharda University, Greater Noida	Conference Hall
11:30AM- 11:45PM	Enhancing Elderly care with Digital Dynamics in Physiotherapy	Dr Charu Chhabra Assistant Professor Department Of Physiotherapy Jamia Hamdard University New Delhi	Conference Hall
11:45-12:00PM	Elderly Care: From Rehabilitation to Pre-rehabilitation	Dr Sampada. S Jahagirdar Assistant Professor Amar Jyoti Institute of Physiotherapy	Conference Hall
12:00PM- 12:15PM	Future of Elderly: An Indian Approach	Divya Physiotherapist Department of Orthopaedics AIIMS,New Delhi	Conference Hall
12:15PM- 12:30PM	Technology in Geriatric Rehabilitation	Dr Rajiv Limbasiya PrincipalSarvajanic College of Physiotherapy Surat,Gujarat	Conference Hall
<b>MOVE TO AUDITORIUM FOR INAUGURATION FOLLOWED BY LUNCH</b>			
<b>INSIGHTS THROUGH THE NEUROLOGICAL WINDOW:BRIDGING SCIENCE AND PATIENT CARE</b>			
2:00 PM -2:15PM	Ending darkness of dependency of stroke patients by vasa concept	Dr Dhwanit .S. Shah Senior Lecturer Government physiotherapy college New Civil Hospital Surat ,Gujarat	Conference Hall
2:15PM-2:30PM	Exploring the Frontier: Virtual Reality's Impact on Cognitive Enhancement and Rehabilitation	Zubina Khan Research Fellow Department of Physiotherapy Gurugram University	Conference Hall
<b>ADVANCING FRONTIERS :THE POWER OF TECHNOLOGY</b>			
2:30PM -2:45PM	Qualitative and Quantitative Analysis of Sit to Stand Activity in Stroke	Isha Tajane Associate Professor K J Somaiya College Of Physiotherapy, Mumbai	Conference Hall
2:45PM-3:00PM	Transcranial Direct Current Stimulation in Spinal Cord Injury Rehabilitation	Megha Nijhawan Associate Professor ISIC -IRS	Conference Hall
3:00PM-3:15PM	Tech Advancements in Neuro-rehabilitation	Dr. Jaishree Rai HOD , IHIF Noida Rehabilitation Centre	Conference Hall
3:15PM-3:30PM	Advancement of Cutting-Edge Robotic Technology in Physiotherapy and Rehabilitation in India	Dr Mukul Kumar Sain ,PT Application Manager (Neuro rehabilitation) J-VPD India Pvt Ltd	Conference Hall
3:30PM-3:45PM	Neuro-computation of Brain computer Interface in Neurorehabilitation and Application in outer space	Rishabh Pathak Research Assistant Neuro Scientist School of Computational and Integrative Sciences JNU ,New Delhi	Conference Hall
3:45PM-4:00PM	Bridging the Gap :Tele-Rehabilitation solutions for expanding Physiotherapy in Remote Areas	Dr Avinash Kumar Bharti Assistant Professor Department of physiotherapy IGIMS ,Patna	Conference Hall
4:00PM-4:15PM	Holistic Approaches to Physiotherapy: combining Mind and Body for Optimal Recovery	Dr Sapna Malla Ph.D Scholar University of Engineering and Management Jaipur	Conference Hall
4:15PM-4:30PM	Role of Robotic Technology in Inducing Neuroplasticity	Preeti Chaudhary Physiotherapist NILD	Conference Hall
4:30PM-5:30PM	<b>SYMPOSIUM INTELLECTUAL PROPERTY RIGHTSAND DESIGN THINKING</b> Prof Dr E.Shanmugananth Principal in school of Physiotherapy Sri Balaji Vidyapeeth University Pondicherry		
<b>6:00PM TEA BREAK FOLLOWED BYPHYSIO FIESTA (CULTURAL NIGHT)- JL AUDITORIUM</b>			

## 10<sup>th</sup> INCPT AIIMS 2024 SCIENTIFIC PROGRAMME

**JL AUDITORIUM 15<sup>th</sup> DECEMBER 2024 (SUNDAY)**

Time	Topic	Speaker	Venue
<b>INSIGHTS THROUGH THE MUSCULOSKELETAL WINDOW: FROM STRUCTURE TO SOLUTION</b>			
9:00AM-9:15AM	Introduction on IASTM	<b>Dr. Nishant Gemini</b> Visceral and Musculoskeletal Manipulation Therapist	JL Auditorium
9:15AM-9:30AM	Ergonomical Low Back Pain	<b>Dr. S. Purna Chandra Shekhar</b> Principal & Head PDS Institute of Physiotherapy Hyderabad, India	JL Auditorium
<b>BABAN MOHANKAR ORATION AWARD PROCESS EVALUATION IN RESEARCH :RATIONAL AND IMPLEMENTATION</b>			
9:30AM-10:00AM		<b>Dr Rinkle Malani</b> Prof & Director MGM School of Physiotherapy Aurangabad, Maharashtra Dr Rinkle Malani Prof & Director MGM School of Physiotherapy Aurangabad, Maharashtra	JL Auditorium
10:00AM-10:15AM	Exploring Dilemma of TMJ Dysfunction	<b>Dr Himanshu Mathur</b> Associate Professor Dept of Physiotherapy, Jaipur National University Director and Chief Educator Jaipur Rehab physiotherapy Clinic and Joint Rehab Online Education in Physiotherapy	JL Auditorium
10:15AM-10:30AM	Fascial Diagnosis through an App. How can the Fascial Quadrants System be brought to the Digital World?	<b>Dr Stephan Richelli</b> Master in Osteopathy Post Graduate in Joint Manipulative Physiotherapy Spain	JL Auditorium
10:30AM-10:45AM	Bowen Therapy	<b>Dr Deepak Raghav</b> Principal School of Physiotherapy, Santosh Medical College Ghaziabad	JL Auditorium
10:45AM-11:00AM		<b>Durga Prathap Ganesan</b> MPT CMP CDNP MIAP Consultant Physiotherapist Phagwara, Punjab	JL Auditorium
<b>Blood Flow Restriction Training : Beyond Musculoskeletal Application</b>			
<b>KEY NOTE SPEECH REVOLUTIONIZING PHYSIOTHERAPY THROUGH PATIENT CENTRIC DIGITAL INNOVATIONS: HARNESSING VIRTUAL REALITY AND AI FOR OPTIMIZING REHABILITATION</b>			
11:00AM-11:15AM		(DR NUPUR HAJELA CALIFORNIA STATE UNIVERSITY, (USA)	
<b>SHAPING TOMMOROW: BREAKTHROUGH IN TECHNOLOGY</b>			
11:20AM-11:35AM	Motor Relearning and Robotic Physiotherapy	<b>Dr Seema Grover</b> HOD Physiotherapy and Rehabilitation Apollo Hospital Indraprastha New Delhi	JL Auditorium
11:35AM-11:50AM	Technology and Simulation in Physiotherapy	<b>Dr. Lajwanti Lalwani</b> Associate Professor Dept of Cardiovascular and Respiratory Physiotherapy, Ravi Nair Physiotherapy College, Datta Meghe Institute of Higher Education and Research Sawangi, Wardha	JL Auditorium
11:50AM-12:05PM	Stabilometry -Novel Way to assess and Rehabilitation of Balance	<b>Dr Sandeep Kumar</b> MS ENT	JL Auditorium
12:05PM-12:20PM	Navigating Trauma: The Essential contribution of physiotherapy	<b>Dr Amarjot Singh Gill</b> Associate Professor College of Physiotherapy, Christian Medical College Hospital Ludhiana, Punjab	JL Auditorium
12:20PM-12:35PM	Headache and Digital Health	<b>Dr Meghna Wadhwa</b> Senior Assistant Professor SBS University Dehradun	JL Auditorium
12:35PM-12:50PM	Wellness at Work: Merging Design Mental Health	<b>Dr Ambuj Mishra</b> Unit Head & Senior Physiotherapist Medanta the Medicity	JL Auditorium
12:50PM-1:05PM	Hydrotherapy for Sciatica: Advancement for Better Progression	<b>Dr Varun Ahuja</b> Chief Physiotherapist The Physios Gurugram	JL Auditorium
1:05PM-1:20PM	Cognitive-Motor Dual Task Training in Neurological Conditions	<b>Dr Sumit Asthana</b> Assistant Dean and Head Faculty of Allied Health Sciences, Era University Lucknow	JL Auditorium
<b>LUNCH</b>			
<b>THE FUTURE OF CARDIO-PULMONARY HEALTHCARE: CHALLENGES AND OPPORTUNITIES</b>			
2:00PM-2:15PM	Importance of Vital Signs in ICU	<b>Manisha Biswal</b> Assistant Professor V.N. Patel Medical Campus Surat	JL Auditorium
2:00PM-2:15PM	Respiratory Concerns in Neuromuscular Diseases: Physiotherapy Perspective	<b>Vandana Dua</b> Physiotherapist Department of Neurology, AIIMS New Delhi	JL Auditorium
2:00PM-2:15PM	Inflammation to Regeneration: Electromagnetic Therapy in Respiratory care	<b>Dr Ghufuran Jaleel</b> Assistant Professor Paramedical College Muslim University Aligarh Aligarh	JL Auditorium
2:00PM-2:15PM	Addressing the Challenges in Physical Therapy Care in Burns ICU	<b>Misha Ahir</b> Physiotherapist Burns, Plastic and Reconstructive Surgery, AIIMS New Delhi	JL Auditorium
<b>EXPLORING THE UNEXPLORED :DIVERSE TOPICS AND PERSPECTIVES</b>			
3:00PM-3:15PM	Role of Professional University Teachers in Students Skill Enhancement	<b>Dr Zaki Anwer</b> Professor (MSK) School of Allied Medical Sciences, Lovely Professional University Punjab	JL Auditorium
3:15PM-3:30PM	Hip Fractures in Elderly - An Overview	<b>Nidhi Sharma</b> JNPACT, Trauma Centre, AIIMS New Delhi	JL Auditorium
3:30PM-3:45PM	Need for Physiotherapist to Modify Healthy Lifestyle to Avoid Diseases	<b>Ishwaree Deshmukh</b> Director Asha Advance Multispeciality Physiotherapy Rehabilitation and Wellness Centre Mumbai	JL Auditorium
3:45PM-4:00PM	Assessment of Competencies in Physiotherapy and Nursing Professionals Managing Older Population in Sri Lanka	<b>Dr Esther Liyanage</b> Faculty Department of Physiotherapy, Faculty of Allied Health Sciences, University of Peradeniya Sri Lanka	JL Auditorium
4:00PM-4:15PM	Interlimb Spinal Facilitation – Implication in Neurological Rehabilitation	<b>Dr. Manoj .K. Deshmukh</b> MPT, Neurology, PhD Lecturer Government Physiotherapy College Raipur, Govt of Chattisgarh	JL Auditorium
4:15PM-4:30PM	Role of Nitric Oxide in Tissue Healing	<b>Vivek K MPT</b> PhD Dean Incharge College of Physiotherapy SMVEC Puducherry	JL Auditorium
4:30PM-4:45PM	An overview on Exploring Physiotherapy as an Adjunctive Treatment Non-Pharmacological for Bulimia and Anorexia Nervosa	<b>Kalpna Zutshi</b> Associate Professor Dept of Physiotherapy, Jamia Hamdarad	JL Auditorium
4:45PM-5:00PM	Physiotherapy: A Prestigious and Lucrative Medical Profession	<b>Dr Pushendra Yadhuvanshi</b> Associate Prof and Head School of Health and Allied Sciences, Career Point University Kota, Rajasthan	JL Auditorium
5:00PM-5:30PM	BRAIN FREEZE(QUIZ) -FINALS FOLLOWED BY VALIDICTORY		JL Auditorium
<b>10<sup>th</sup> INCPT AIIMS 2024 SCIENTIFIC PROGRAMME</b>			
<b>CONFERENCE HALL 15<sup>th</sup> DECEMBER 2024 (SUNDAY)</b>			
<b>TARGETING MUSCULOSKELETAL DISORDERS: FROM RESEARCH TO PRACTICE</b>			
9:00AM-9:15AM	Exercise prescription for type 2 diabetes mellitus	<b>Dr Shagun Agarwal</b> Dean School of Allied Health Sciences, Galgotias University Uttar Pradesh	conference hall
9:15AM-9:30AM	Lower Cross Syndrome & Pilates	<b>Dr Omair Khan</b> Founder and President ARFA Pune, Maharashtra	conference hall
<b>PEADIATRIC WINDOW: UNDERSTANDING CHILDHOOD THROUGH CARE</b>			
9:30AM-9:45AM	Future Steps in the Prognosis of Ambulation in Pediatric Cerebral Palsy	<b>Dr Pallavi Palaskar</b> Associate Professor, PhD Scholar Mahatma Gandhi Mission's School of Physiotherapy Aurangabad	conference hall
9:45AM-10:00AM	Oro motor Stimulation in NICU	<b>Anjani Kumar</b> Sr Peadiatrics Physiotherapist Lotus Children Hospital Hyderabad	conference hall
10:00AM-10:15AM	Innovative Approaches in Pediatric Musculoskeletal Rehabilitation	<b>Dr Sandeep Chauhan</b> MPT(Neuro) Chief Physiotherapist NeuroMotion	conference hall
10:15AM-10:30AM	Enhancing Accessibility: Adapting Indian Folk Games for Children with Cerebral Palsy	<b>Mansoor Rahman</b> A Assistant Professor MGM Institute of Physiotherapy Chh. Sambhajinagar, Maharashtra	conference hall
10:30AM-10:45AM	Early Intervention in Cerebral palsy: Evidence Based Practice	<b>Dr Sonali Shrivastava</b> Associate Professor and HOD Department of Physiotherapy, Shri Shankarcharya Institute of Medical Sciences Durg, Chattisgarh	conference hall
<b>NAVIGATING PAIN: TOOLS FOR RELIEF AND GROWTH</b>			
11:00AM-11:15AM	Cultural Threads in the Fabric of Pain: Recognizing Diversity in Experience and Expression	<b>Dr Vaibhavi Walimbe</b> Assistant Professor, PhD Scholar Mahatma Gandhi Mission's School of Physiotherapy Aurangabad	conference hall
11:20AM-11:35AM	Rethinking Chronic Pain: The Transformative Power of the Biopsychosocial Model	<b>Dr Tajuddin Chitapure</b> Associate Professor, PhD Scholar Mahatma Gandhi Mission's School of Physiotherapy Aurangabad	conference hall
11:40AM-11:55AM	Making Sense of Painful Knee Osteoarthritis: A Patient-Centered Approach to Pain Management	<b>Dr Prashant Mukannwar</b> Principal KLE College of Physiotherapy Kotagondhunshi, Hubballi, Karnataka	conference hall
<b>TRANSFORMING WOMEN'S HEALTH :THROUGH RESEARCH AND INNOVATION</b>			
12:00PM-12:15PM	Role of Pilates In Urinary Incontinence	<b>Dr Mamta Biyani</b> Certified Pilates Teacher Diploma in Orthopaedic and Manual Therapy (UK) HOD Department of Physiotherapy, UAIMS Maharashtra	conference hall
12:20PM-12:35PM	Pelvic Health in Sports Medicine	<b>Dr Inndu Kashyaapp</b> Certified Pelvic Floor Physiotherapist Cofounder Health Specifics Academy & Clinics Delhi	conference hall
12:40PM-1:05PM	Primary Dysmenorrhoea: A Limelight on Physiotherapeutic Approaches	<b>Dr. Manisha Uttam</b> MPT Neurology, PhD Director Golden Touch University (Advance Pain and Paralysis) Clinic Amritsar	conference hall
<b>1:30PM-2:00PM LUNCH</b>			
<b>RESEARCH AND REVIEWS</b>			
2:00PM-2:15PM	Restoring Function after Spinal Cord Injury: A Review of Epidural Stimulations	<b>Surbhi Kaura</b> PhD Scholar Galgotias University	conference hall
2:20PM-2:35PM	Association Between Fear of Falling and Activity Restrictions in Community Dwelling Older Adults: A Review	<b>Archana Kaushik</b> PhD Scholar Senior OT PDUNIPPD	conference hall
<b>INTERSECTION OF THOUGHTS -THE UNEXPECTED NEXUS</b>			
2:35PM-2:50PM	New innovation of Treating Osteoarthritis knee FNMT	<b>Dr Vinay Naveen Gulati</b> MPT, PhD Scholar Physiotherapy and Pain Centre Kota	conference hall
2:50PM-3:05PM	The Transformative Power of AI in Physiotherapy and Rehabilitation	<b>Dr Vishal Verma</b> Assistant Professor SBS University Dehradun	conference hall
3:05PM-3:20PM	Beyond the Barriers: Navigating the Landscape of Transgender Affirmative Care	<b>Dr Badri Vishal</b> MPT, MBA, PhD Scholar Assistant Professor Era University Lucknow, Uttar Pradesh	conference hall
3:20PM-3:35PM	Evidenced based Physiotherapy	<b>Dr Ujwal Yeole</b> Professor and Principal Smbt College of Physiotherapy Nashik	conference hall
3:35PM-3:50PM	Role of Virtual Reality in Spinal Cord Injury Rehabilitation	<b>Dr Shefali Walia</b> Associate Professor Department of Physiotherapy, Gurugram University	conference hall
4:00PM Onwards	MOVE TO JL AUDITORIUM FOR BRAIN FREEZE (QUIZ) - FINAL ROUNDS FOLLOWED BY VALIDICTORY		JL Auditorium