

**SCHEDULE  
OF  
PAPER PRESENTATION**

HALL	DATE 14/12/2024 2 PM TO 5 PM	DATE 15/12/2024 9:30 AM TO 1 :30 PM
<b>LT 1</b>	SENIOR ORTHO - 15	JUNIOR ORTHO = 20
<b>LT 2</b>	SENIOR MISC - 16	JUNIOR ORTHO = 7 JUNIOR MISC = 14 TOTAL = 21
<b>LT 3</b>	SENIOR ORTHO = 3 SENIOR SPORTS = 5 JUNIOR SPORTS = 7 TOTAL = 15	JUNIOR CARDIO = 12 JUNIOR SPORTS = 4 TOTAL = 16
<b>CMET</b>	SENIOR CARDIO = 3 SENIOR NEURO = 11 TOTAL = 13	JUNIOR NEURO = 18

**Note:** The name of the Faculty Incharge/Co-ordinator shall be displayed on the venue on the day of presentation

## **GUIDELINES FOR PAPER PRESENTATION:**

1. The time duration of presentation is *5 minutes in junior category* and *7 minutes in senior category* followed by *2 minutes of question* and answer in each category.
2. Presenters should ideally have 12-15 slides so that they are able to complete within the given time.
3. Your presentation will be stopped at the permissible time limit and *marks will be deducted* for presenting beyond the time limit.
4. Kindly carry your presentation in *pen drive/flash drive*. Also save a copy of the same on your *mail as a back-up*.
5. The presenter is allowed to present *either a paper or a poster* at the conference. You are not allowed to present both at the conference.
6. Kindly mention your *Conference Registration Number* in the first slide of your presentation.

**For any query, you may reach out to us at 9968090389 (Dr. Sandeep Babbar) or 9910992572 (Dr. Mayank Garg)**

# DETAILED SCHEDULE OF ORAL PRESENTATION

THERE ARE **FOUR HALLS** AT THE CONFERENCE VENUE

***VENUE*** – LT 1, LT 2, LT 3 & CMET

List Of Candidates According to NAME & VENUE follows

# DATE (14/12/2024) SATURDAY 2 PM TO 5 PM

## VENUE – LT 1 – SENIOR ORTHO - 15

S NO	NAME	TITLE
1	PRAGNA SATISH MALDIKAR	Identification of lower-crossed syndrome among IT professionals
2	VIMAL CB	Effect of NM exercise and specific muscle training on knee flexion angle, gait speed & physical function in patients with unilateral knee OA
3	JIBRAN AHMED KHAN	Comparing the effects of Dry Cupping to the manual therapy for plantar fasciitis: A randomised controlled trial
4	SINDHUJA	Effectiveness of Mckenzie method of evaluation and treatment for mechanical disorders of knee
5	KRISHNA PRASAD K M	Online survey among Indian PTs on awareness and rehabilitation of proprioception impairment in NSLBP
6	NAMRATA SRIVASTAVA	To study the effect of ultrasound and VMO strengthening exercises in PF OA pain -A Literature Review
7	LOPA DAS	Inflammatory Biomarkers among patients with chronic nonspecific neck
8	ARCHANA VERMA	Neck Pain in the Digital Age - Modern Era Pain; Prevalence and Impact among Health Workers

9	MADHUSUDAN TIWARI	“Comparative study of Isometric Exercises combined with Mobilization with Movement (MWM) VS Progressive resistance Exercises on Pain, Walking Speed and Physical Function in OA Knee”
10	DEVENDRA SINGH SHEKHAWAT	Improving pain and disability in lower back pain with neural mobilization – A systematic review
11	M.SRI SHANKAR	Effect Of Egoscue Exercise Versus Lumbar Stabilization Exercise On Pain And Lumbar Lordosis In Patient With Nslbp
12	SHRUTI SHARMA	A Narrative Review of the Thoracolumbar Fascia and Its Role in Non-Specific Low Back Pain
13	KRITI KHANNA	Effect of multimodal physical rehabilitation protocol on standing and walking time in elderly with leg pain in low grade degenerative lumbar spondylolisthesis: a prospective case-control study
14	SALEEM AKHTAR NAQVI	Effect of Mulligan SNAGs and Maitland Central PA in subjects with lumbar radiculopathy
15	PALLABI GOSWAMI	Changes in Cranio-vertebral angle associated with extended Smartphone use-A literature review

**VENUE – LT 2 - SENIOR MISCELLANEOUS - 16**

<b>S. NO</b>	<b>NAME</b>	<b>TITLE</b>
1	PURUSO THA M CHIPPALA	Ai-Enhanced Facial Expression Recognition In Bell's Palsy Management
2	RUCHITA NARSIA	Virtual Reality- The 3d Simulated Digital Playground For Older Adults In Improving The Quality Of Life
3	NEETU RANI DHIMAN	Comparison Between Epley And Gans Repositioning Maneuvers For Posterior Canal Bppv: A Randomized Controlled Trial
4	SUMAM SUNNY	Preliminary Validation Of An Innovative Functional Dual-Task Mobility Assessment For Gait Evaluation In Elderly With Type 2 Diabetes Mellitus
5	YUTHIKA RAO	Resistance Exercises Interventions In Optimizing Glycemic Control And Quality Of Life In Type 2 Diabetes- A Systematic Review
6	VIDHI GUPTA	“Challenges And Opportunities In Integrating Exercise Into Mental Health Treatment: A Clinicians Perspective”
7	TANZILA MULLA	The Comparative Analysis Of Cranial Electrical Stimulation & Cranio Sacral Therapy In Conjunction With Brain Gym Exercises On Anxiety & Stress Symptoms: A Randomized Clinical Trial
8	NEHA VIJAYKUMAR VAIDYA	“Prevalence Of Burnout Syndrome And Musculoskeletal Disorders Amongst Clinical Physiotherapists And Academicians In South Gujarat – A Survey”
9	PURNIMA SHRIVASTAVA	End User Experiences In Using Mobile Application For Rehabilitation After Knee Replacement- Findings From A Pilot Study

10	PRIYANKA SHARMA	Effectiveness Of Proposed Information Education & Communication (Iec) Intervention &Epidemiological Study On Tuberculosis & Respiratory Diseases Patients Visiting A Tertiary Care Institute: Systematic Review"
11	ASHUTOSH SHARMA	An Integrative Review Of Cranial Electrical Stimulation Approach To The Treatment Of Adults With Anxiety
12	EKTA MEHTA	Prevalence Of Bppv In Elderly People- A Cross-Sectional Study
13	SHAZIA MATTU	Role Of Biopsychosocial Approach And Therapeutic Alliance In The Management Of Chronic Low Back Pain- A Narrative Review
14	ASHISH MATHUR	Effectiveness Of Acupuncture In Managing Tinnitus: A 6-Week Single-Subject Study Using Tinnitus Severity Index And Visual Analog Scale
15	MONIKA SHARMA	Effect Of Vagal Stimulation On Skin Hydration And Heart Rate In Prehypertensive Individuals
16	HUMA SIDDIQUI	The Effect Of Anxiety On Forward Head Posture In The Elderly Population



**VENUE – LT 3 -**

**SENIOR ORTHO = 3,**

**SENIOR SPORTS = 5,**

**JUNIOR SPORTS = 7**

**SENIOR ORTHO = 3 (Remaining Authors)**

16	POOJA BHATI	Impact Of Glycaemic Control And Disease Duration On Neuromuscular Dysfunction, Fear Of Fall And Fall Risk In Type 2 Diabetes Mellitus: A Pilot Investigation
17	VINIKA SIWACH	Impact Of Internet Addiction On Cognition, Sleep And Associated Function In Collegiates: A Cross-Sectional Study
18	MEHNOOR KHATOON	Clinical outcomes of TECAR therapy in rehabilitation medicine: A comprehensive Systematic review and Meta-analysis

**SENIOR SPORTS = 5**

	<b>NAME</b>	<b>TITLE</b>
1	RIDHI SAINI	Effect of high and low-volume nordic hamstring exercise (nhe) training on hamstring injury risk in professional soccer players
2	NEERAJ KUMAR	Effects of exercise on speed and accuracy with their correction in sports: A systemic review
3	JAYKUMAR SONI	Level of knowledge and attitude of sports injury prevention and management in athletes and coaches: a cross sectional study

4	CHACKO. P. GEORGE	Effect of circuit training exercise on reaction time in football goalkeeper: an experimental case study
5	DEVIBALAN SIVAGNANAM	Effect of wobble board training along with plyometric training program on explosive strength, agility and dynamic balance in male basketball athletes

## JUNIOR SPORTS = 7

	NAME	TITLE
1	AMRUTA CHAUK	Effect of stretch-shortening exercise on strength and stability among rifle shooters.
2	RADHIKA SONI	Effect of strengthening of gluteus maximus and gluteus medius muscle on foot posture (pronation) in athletes
3	POOJA AHUJA	Prevalence of scapular dyskinesis in badminton players in vadodara: a cross-sectional study
4	SAKSHI RAJAK	Combined effect of throwers 10 programe and ballistic 6 programe on the performance of archery and shooting players :an experimental study
5	HARI SUDHARSAN R	Effects of Anderson dip exercise to enhance vertical jump among basketball players.
6	HARIHARAN . S	To compare the effects between active physical endurance training versus active stretch training in groin pain among the hockey players.

7	BARATH KUMAR. S	To compare the effectiveness of calisthenics versus ballistic exercises for patellar tendinopathy among amateur football players.
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## VENUE – CMET

SENIOR CARDIO = 3, SENIOR NEURO = 11

### SENIOR CARDIO

S NO	NAME	TITLE
1	HEMLATA VATS	Correlation Between Anthropometric Parameters And Pulmonary Function In Healthy Young Adults: A Cross-Sectional Study
2	NITHYASR I	Evaluating Virtual Game-Based Breathing Interventions To Enhance Pulmonary Function In Individuals With Copd
3	Parijat Ghatak	Role of core muscle strengthening in improving dyspnoea and functional capacity in patients with Chronic Obstructive Pulmonary Disease (COPD)

### SENIOR NEURO

S NO	NAME	TITLE
1	SWATI GUPTA	Effectiveness of Dynamic Neuromuscular Stabilization and Neurodevelopmental Therapy on Gross Motor Function and Trunk Control in Children with spastic diplegic CP: A RCT
2	NAMRATA SAKHARE	Diverse ambulatory profiles in CP: An in-depth comparative review

3	GARIMA WADHWA	Gait Improvements in Individuals with SCI through virtual reality treadmill Training: Insights from Five Case Studies
4	HARIHARA SUDAN S	Physical Therapy Induced Adult Neurogenesis and Synaptogenesis in Cognitive Function among neurological conditions- A scoping review
5	VIKRANT SALPHALE	Extracting the Potency of Ankle PNF Techniques on Balance and Gait Parameters in Patients with Stroke: A Randomized Controlled Trial
6	MANSI SONI	The Evolution of Technology: A Review of Device-Based Physical Activity Measurement in Stroke Research
7	MOHIT J AGRAWAL	Additional Effect of Alpha Music Rhythm on Cognition and Upper Limb Motor Recovery in Individuals with Chronic Stroke: An Experimental Study
8	RAHUL SHARMA	Systematic Review: The Effectiveness of Transcranial Direct Current Stimulation (tDCS) Paradigms as Treatment Options for Recovery of Language Deficits in Chronic Post-Stroke Aphasia
9	SHIVANI KUMARI	Impact of smartphone-based virtual reality programmes on balance in patients with chronic hemiplegia
10	G VELMURUGA N	Effect of VR in improving physical function of stroke patients.
11	Rajeev Kr Singh	Biopsychosocial Perspective on Chronic Stroke Rehabilitation with Hemiplegic Shoulder Pain: A Case Report

**DATE 15/12/2024**

**SUNDAY**

**9:30 AM TO 1:30 PM**

## VENUE – LT 1

### JUNIOR ORTHO – 20

S NO	NAME	TITLE
1	AKANKSHA R HEGE	Reliability Of Ai-Based Comprehensive Knee Evaluation
2	CHAYANIKA CHANGKAKOTI	Prevalence Of Low Back Pain In School Children: An Observational Study
3	POOJA PAREEK	Effects Of Mulligan Mobilization For Increasing Range Of Motion And Reducing Pain In Frozen Shoulder
4	RINA SHARMA	Musculoskeletal Disorders In Clinical Laboratory Technicians
5	VISHAKHA BADEKAR	A Role Of Neuro Dynamic Nerve Gliding In Enhancing Musculoskeletal Performance: A Narrative Review.
6	HARSHA WADHWANI	Efficacy Of Culturally Sensitive Prehabilitation In Improving Post Operative Pain And Fear Of Movement In Individuals With Lumbar Degenerative Disc Disease – An Experimental Study
7	CHANCHAL SAH	Effect Of Thoracic Mobilization On Pain, Range Of Motion And Functions In Patients With Lumbar Radiculopathy: An Experimental Trial
8	AIDA PRIYANKA	Assessing The Benefits Of Kinesio Taping On Pain And Balance In Grade III Knee Osteoarthritis: A Randomized Controlled Study
9	SALONI S SAWANT	Physiotherapy Approaches In Patients With Flatfoot- A Review



10	LUCKY KHANDELWAL	“Investigating The Various Graft Options Available For Anterior Cruciate Ligament Reconstruction Surgery: A Literature Review”
11	JENNIFER DSOUZA	“Impact Of Scapular Proprioceptive Neuromuscular Facilitation On Improving Pain, Strength And Dynamic Stability In Shoulder Impingement.”
12	VISHAMI PRAJAPATI	A Study To Compare Effectiveness Of Muscle Energy Technique And Myofascial Release Technique Among Subjects With Piriformis Tightness In Students Of Uka Tarsadia University
13	VISHAL PARMAR	Employee Well-Being - A Hollistic Approach In Treating The CVA Angle Of Prolonged Computer Usage: A Case Study.
14	KETKI NANAVATI	Effects Of Shock Wave Therapy On Pain And Performance In High Jumpers With Plantar Fasciitis- An Experimental Study
15	RANI C REJI	Effect Of Postural Correction Exercises For Forward Head Posture In Smartphone Users:A Literature Review
16	SHRUTI KUMARI	A Case Study On Physiotherapy Guidelines Post Decompression Surgery Of Lumbar Spine
17	POOJA CHAURASIA	A Physiotherapeutic Approach In The Management Of Fabella Syndrome: A Case Series
18	DHWANI LAD	Effects Of Eccentric Training On Flexibility And Strength Of Hamstring Muscle
19	GARGI ABOTI	Effect Of Mulligan Manual Therapy Of Cervical And Thoracic Spine On Forward Head Posture And Sleep Quality In Individual With Mechanical Neck Pain: A Single Arm Randomised Controlled Trial
20	ASHISH THAKURDESAI	Comparison Of Effectiveness Of Iastm With Cryotherapy And Mfr With Cryotherapy In The Management Of Patients With Tension Neck Syndrome.

**VENUE – LT- 2****JUNIOR ORTHO – remaining 7 authors & JUNIOR Miscellaneous = 14****JUNIOR ORTHO**

21	YATIKA AGARWAL	Activation Of Gluteus Maximus Muscle By Kneading Technique In College Students- An Experimental Study
22	DHANNUSH N K	Effectiveness Of Ultrasound Versus Nerve And Tendon Gliding Exercise On Pain And Functions Disability Among With Carpal Tunnel Syndrome
23	SATHYA NARAYANAN.J	The Efficacy Of Global Postural Re-Education Exercise In Work Related To Musculoskeletal Disorders Among Goldsmith
24	RITESH RAJ	Work-Related Msds And Ergonomic Risks Among Tailors- A Survey
25	AAYUSHI GUPTA	Effect Of Incline Treadmill Walking On Lower Extremity Joint Angle In Healthy Individuals
26	SHALINI MISHRA	Effect Of Eccentric VS Static Stretch Of Hamstrings Muscle On Acceleration Time In Young Adults
27	RUTUJA DESHMUKH	From Innovation To Implementation Of Exercise Adherence In PT - What Is The Scope? – A Scoping Review

**JUNIOR MISCE**

S NO	NAME	TITLE
1	RASIKA JADHAV	Assessing Of Balance And Flexibility Among Peri And Postmenopausal Women In Age Group Of 40-55 Year -An Observational Study.

2	SHWETA THAKAR	A Quasi-Experimental Study To Assess The Efficacy Of Acupuncture On Anxiety, Sleep Quality And Sleep Duration In Patients With Primary Insomnia
3	ISHIKA JAIN	Comparative Effect Of 8-Week High Intensity Interval Training And Circuit Training Programme On Body Composition And Body Image In Female Students Of University
4	AARUSHI DIHANA	To Compare The Effect Of Uterus Manual Therapy And Sacral Release Technique In Women With Dysmenorrhea- An Experimental Study
5	BORANA SIDDHI	Structured Art Therapy In Enhancing Sleep Quality Among Young Adults- An Experimental Study
6	AISHWARYA JAIN	Efficacy Of Transcutaneous Electrical Nerve Stimulation On Pain In Primary Dysmenorrhea. An Interventional Study
7	NIMISHA BOROLE	The Widespread Web Of Sleep Apnea: Beyond Snoring Linked With Various Health Problems
8	MEERA GUPTA	Reliability Of A New Smartphone Application For Measuring Cranio-Cervical Posture In Healthy Individuals
9	DEVESH MANDHYAN	“Assessing Risk Of Bias And Clinical Applicability Of Machine Learning Models For Detecting Manual Wheelchair Propulsion In Individuals With Spinal Cord Injury: A Systematic Review
10	AISHWARYA SONI	Telerehabilitation Vs Clinic-Based Rehab For Patients With Plantar Fasciitis: A Comparative Study
11	ANSHIKA AGARWAL	Activity, Pain, And Productivity: A Study Of How Lifestyle Choices Shape Academic Success In Different Student Groups
12	RISHITA KAUSHIK	Feasibility Of A Four Week Exercise Training In Elderly: A Pilot Study
13	ANUJA POKALE	IMPACT: Investigating The Role Of Digitalization In Shaping The Physiotherapy Profession: A Survey
14	Aditi Singh	A Systematic Review of Interventions for Vaginismus: Evidence from Clinical and Psychological Studies

## VENUE – LT – 3

**JUNIOR CARDIO = 12, JUNIOR SPORTS = 4 (remaining authors)**

### **JUNIOR CARDIO**

<b>S NO</b>	<b>NAME</b>	<b>TITLE</b>
1	AARTI BELWAL	Effect Of Inspiratory Muscle Training On Autonomic Nervous System In Cervical Spinal Cord Injury Individuals
2	AISHWARYA	Effect Of Massage Therapy On Sleep Quality In Patients With Coronary Artery Bypass Graft Surgery: A Systematic Review
3	NARENDIRAN B	Impact Of Aerobic Exercise Vs Resisted Exercise Program Among Middle Aged Men With Cardiovascular Related Risk Factors
4	SMRITI SINGH	Association Of Body Composition With CV Fitness, Endurance, Flexibility And Strength Among Collegiates
5	SHAGUN THAKUR	Correlation Between Submaximal Exercise Capacity, Sleep Quality And Wheelchair Skills In SCI Individuals Maneuvering Manual Wheelchair- A Pilot Study
6	NATHERA BEGUM S	Effectiveness Of Respiratory Neurophysiological Facilitatory Techniques And Weaning Parameters In Mechanically Ventilated Patients
7	SARANGAN K K	Effects Of Manual Diaphragmatic Release And Pursed Lip Breathing Among Childhood Asthma
8	LEESHA SHAH	Immediate Effects Of Chest PT On Cardiorespiratory Parameters Of Mechanically Ventilated Neonates
9	KOMAL PREET KAUR	Power Of Breath: Pranayama's Impact On Lung Health And Cognitive Function

10	MANSI NEGI	Effect Of Respiratory Muscle PNF On Respiratory Muscle Strength In SCI Individuals-A Pilot Study
11	DISHA BHATTACHARYA	Effect Of Respiratory Muscle Training On Cognitive Function And Social Well-Being Of SCI Patients
12	RIYA BHANUSHALI	To Assess Quality Of Life And Kinesiophobia 3 Month After Phase 2 Cardiac Rehabilitation Of PTCA Patients

## JUNIOR SPORTS

8	RAMANAN.M	Effects of eccentric oriented strength training versus blood flow restriction training on return to sports after anterior cruciate ligament reconstruction with patellar tendon autograft
9	SOUMYA SINGH	Effect of Holmich and Copenhagen Protocol on Lumbar Paraspinal Muscle Endurance and performance in Female Fast Bowlers- A Quasi Experimental Study
10	MAHIMA KAPOOR	Prevalence and pattern of musculoskeletal injuries among the under-19 players during the 18 th All India S.Balwant Singh Kapur Memorial Hockey Tournament For Mata Parkash Kaur Cup
11	SHUBHANGI AGRAWAL	To compare the efficacies of plyometrics and kinetic chain training with scapular exercises on performance, strength, and stability of shoulder in professional badminton players: A Randomized clinical trial Study

<b>S NO</b>	<b>NAME</b>	<b>TITLE</b>
1	KRUTIKA SURANA	Taping For Mobility: Immediate Effects Of Kinesiotaping On Foot Drop To Improve Balance And Walking Ability In Guillain-Barré Syndrome.A Case Study
2	HARSHITA JAIN	Synergizing Triggered Fes And Pnf: A Novel Approach To Trunk Control In Stroke Rehabilitation - Protocol Development And A Case Study
3	AMAN KANDA	Effectiveness Of Pacing Activities Combined With Strengthening And Balance Training In Individuals With Limb-Girdle Muscular Dystrophy: A Case Report
4	RAINA MISHRA	Effect Of Virtual Reality Training Along With Conventional Therapy On Trunk Function, Standing Balance And Mobility In Stroke Patients- A case Study
5	KIRTI BHARDWAJ	Impact Of Neural Mobilization On Grip Strength In Asymptomatic Smartphone Addicted Individuals
6	NARMADHA S	Efficacy Of Lee Silverman Voice Treatment-BIG And Nordic Pole Walking On Balance Impairment And Quality Of Life In Parkinson's Individuals
7	HARIPRATHA S	Effects Of Motor Cognitive Dual Task Training And Dynamic Neuromuscular Stabilization Training On Dynamic Stability In Individuals With Vestibular Ataxia
8	JEEVITHA D	Comparison Between Task Based Dynamic Hand Splint Exercises And Mirror Therapy Exercises For Hemiplegic Hand Function.
9	SAKSHI RUNWAL	Effectiveness Of Pelvic Proprioceptive Neuromuscular Facilitation On Balance And Gait Parameters In Children With Hemiplegic Cerebral Palsy: A Case Report

10	MOHAMED SALAHUDEEN M A	Effects Of Cognitive Training On Attention And Executive Function Among People With TBI
11	ASHWINI SHIVAJI MISTRY	Assessment Of Burden On Caregivers Of Patients With Neurological Disorders : A Cross Sectional Study.
12	SANLAP KUNDU	Boosting Functional Mobility Post Stroke: The Added Impact Of Emg Biofeedback In Bobath Therapy For Lower Limb Rehabilitation
13	HARSH KHORWAL	Impact Of Biomarker Analysis On Unveiling Neuroplasticity-Driven Rehabilitation Outcomes In Adult Stroke Population: A Systematic Review
14	<b><i>SAJA OMAR BASHARAHIL</i></b>	<i>Community Mobility In Patients With Multiple Sclerosis In Saudi Arabia – A Qualitative Study Analysis</i>
15	NIKHIL CHOWDHARY	Effect of Nintendo Wii based exergaming on sitting balance and quality of life in patients with incomplete spinal cord injury.
16	SAMPADA SHARMA	Quality Of Life In Individuals With Chronic Spinal Cord Injury Using WHOQOL-BREF
17	IFFAT NASEEM	Effect Of Application-Based Cognitive Training On Attention, Memory And Processing Speed In Individuals With Sci
18	MEENAL BANSAL	Optimizing Ankle Kinematics And Spatio-Temporal Gait Variables Through Integrated Activity-Based Mirror Therapy And Neuromuscular Electrical Stimulation In Individuals With Stroke

***SAJA OMAR BASHARAHIL – FOR ONLINE PRESENTATION***